

Valma Shakti

ZEN Star Mala Collection™

Guide Book



A guide to select the ideal mala based on your
personal numerology / astrology

A Message from Valma Shakti – ZEN Star™ Mala Designer

Working in the healing arts for over 40 years I have discovered that each of us is unique with our own nature. Thus, it is more ideal to offer simple remedies that make the most to enhance our life.

The Vedic Sciences of Yoga, Ayurveda & Astrology have been my main study for the last 20 years and it is through my personal practice and working with others around the world I have discovered how Malas through the specific combinations of gems, woods, seeds, colour and their sounds can be a lovely way to enhance energies that affect us from the stars in the most positive way.

Thus not only do they look good they brighten behaviour qualities that we may wish to enhance in our lives.

It is through what I learned and experienced through a great study of each of the 9 planets / Grahas with my teachers in India and palmistry/ astrology readings with people from around the world that I lovingly designed the ZEN Star Mala Collection™.

Be Healthy, Be Happy and Be Inspired!



You & Your ZEN Star™ Mala

Specifically from your numerology /astrology

Our ZEN Star Mala Collection™ is unique – just like you. Each Mala is carefully designed based on the stars / planets in the sky that influence our life and behaviour.

Ideally, choose the mala that will enhance what is ideal for you with astrological influence, colour therapy, gemology and beautiful designed all in one. In addition, feel the difference that you feel great when you wear it around your neck and roll it through your fingers.

Choose a mala specific for you and one that absorbs your oils and energies when you wear it against your skin; a Mala that reflects your intentions and embodies your personality. One that adds to your outfit and karma — and makes you look and feel great.

In addition, you feel good about your ZEN Star™ Mala because it's fair trade, ethically produced and helping women in India to support their families.

What is a Mala?

'Mala' in Sanskrit means 'garland' or 'necklace'. Malas are rosaries and traditionally intended to be used for meditation to facilitate an effortless way to count the repetitions of mantras (sacred prayers). Mantra meditation is one of the most fundamentals ways to 'charge' your soul with divine vibrations. Once you purchase your unique ZEN Star™ Mala, contact Valma Shakti she can provide you with a specific Mantra to be used with your Mala. valmashakti@gmail.com

Often called prayer beads, anyone can wear these beautiful pieces. You don't have to be religious or have any spiritual practice. We believe you can simply wear them to harness the ideal planetary influence to create ideal health, happiness and inspiration. Maybe you are seeking a calmer mind, body and spirit. They can also be used a reminder of an intention you've set.

How Do You Choose a Mala?

The ZEN Star Mala Collection™ is designed by Valma Shakti with the planetary stars in mind. Thus you can use the calculations on the first opening page to determine your physic, destiny or name number. The mala can come from your Astrology Chart and or the mala may choose you. Therefore, surrender, tune in to your heart and choose one of the many options available to you. Embrace the experience!

Whether you are interested in the planets and how they effort your behaviour, want to go deeper into astrology or If you wear a lot of pink, and you are drawn to the pink rose quartz stone, allow that to happen. If you love blue and find yourself in love with an amazonite mala, embrace it.

What Makes The ZEN Star™ Malas Unique?

The ZEN Star Mala Collection™ is unique because they have been designed by Valma Shakti specifically with the energies of the plants / stars in the sky.

How do the planets affect you?

Every planet orbits the sun at a different speed, going slower and slower the farther they are from the sun. Each one is said to affect a different part of your personality.

Each planet is associated with a zodiac sign, and that sign will exhibit traits of the planet.

Experiment to see how these highly charged consciously created malas can support you in Being Healthy, Happy and Inspired in every moment.

The ZEN Star Mala Collection™ are authentic pieces handmade by women artisans in Haridwar, who hand-knot each piece, and bless them before they leave. Our malas are special, combining sacred Rudraksha seeds, Indian woods, Gemstones, Copper, fine Tibetan Silver and charms handcrafted 92.5 % Silver.

How to Use Your ZEN Star™ Mala

Traditionally, the beads have been used in prayer and meditation. That is ok – you do not have to have a religious or spiritual background, anyone can wear mala beads and you do not have to have a meditation practice. Often, people are drawn to the necklaces for their believed healing qualities of calming the mind and providing inner peace. You can wear them around your wrist, your neck, hang them at your altar, or meditate on them.

If you choose to meditate on your mala, you will most likely use a mantra. A mantra is a word, sound, or phrase repeated to aid in your concentration. It can be as simple as the word 'love,' something you are thankful for, or a Sanskrit phrase such as 'om shanti, shanti, shanti', which represents all encompassing peace. During meditation, each bead is held between the thumb and middle finger while the mantra is chanted once for each bead. The middle finger stays away from the beads as this represents the ego. A mala counts usually 108+1 'guru' bead, which like a pendant is separate from the necklace of 108 beads.

It is given the name "guru" — meaning "that which leads from 'gu' (darkness) to 'ru' (light) — because it is both the beginning and ending point of a mantra repetition circuit.

It's widely believed that when one uses a mala for meditation, and makes it all the way around, they will have found enlightenment. A mala's practical value is not just its use during meditation. Because of its inherent magnetic power, it not only holds its own charge, it also gains and holds the charge of the mantra and the planetary influences directly from your true self. All planets / stars in the sky have influence over us. How about taking advantage of the best of these energies specific to us. Thus, when your soul is fully charged with the power of the mantra and the planet / star, so is the mala. In this way, your mala is not only a sacred power object in its own right; it takes on the divine charge of the mantra and your personal divine fragrance as well. One powerful healing technique is to simply place a mala, sufficiently charged, onto a person's chest. It is written that the healing power of a mala lasts for 7 generations.

What We Use to Create The ZEN Star Mala Collection™

CONSCIOUS QUALITY MALAS DESIGNED BY VALMA SHAKTI
FAIR TRADE AND ETHICALLY MADE BY LOCAL WOMEN WITH LOVE IN NORTHERN INDIA.
CHARMS ARE HAND MADE DESIGNED BY VALMA SHAKTI

VALMA SHAKTI LOTUS CHARMS 92.5 % SILVER
VALMA SHAKTI ZEN STAR SPACER 92.5% SILVER
VALMA SHAKTI ZEN STAR COPPER
ADDITIONAL CHARMS TIBETIAN SILVER

Rudraksha Beads:

Rudraksha beads grow inside of what look like blueberries on trees in South East Asia. In Buddhism and Hinduism, the beads are believed to provide inner calm and peace. The beads get darker over time as they absorb your oils and energy. This is thought to strengthen the Rudraksha and bring ideal health, happiness and inspiration.

Sandalwood:

Sandalwood has a subtle and soothing fragrance to the wood that is an intentional reminder of peace. Sandalwood is worn as a reminder of happiness and tranquility. It attracts positivity and promotes healing of the cells and assist in strengthening the immune system.

Tulsi:

The Tulsi is said to be the most sacred wood for japa meditation. It is also believed to increase the spiritual power of mantras – thus increasing devotion and spiritual growth of an individual. Tulsi is also referred to as a manifestation of Lakshmi the goddess of wealth and abundance.

The benefits of Tulsi are well proven and owing to it's spiritual and physical healing powers, the touch of the tulsi wood acts as a rejuvenator for an uneasy mind and brings the spiritual self of a person closer to the Divine. It acts on the nervous system providing it strength, relieves stress and helps in relieving pain. It is an effective natural cure for upper respiratory tract infections and works as a powerful antioxidant, keeps both skin and attitude youthful.

Rosewood:

Rosewood are said to give the wearer vibrant energy, bravery, strength and willpower. It warms the body and is believed to improve blood circulation, digestion, fevers, attracting abundance and prosperity.

Silver:

The element is believed to increase fluent speech during conversation and stimulate self-observation. It is also believed to encourage and ease the implement of different tasks while expanding perception and comprehension. In addition, some use it to treat jaundice.

Copper:

Good Circulation. Copper helps your body absorb iron (from food and other sources in your intestines) and release it as needed to essential organs like the liver. Copper regulates blood flow and improves your circulation by maintaining iron levels in your blood.

Amethyst:

Stone of Spirituality and Contentment – soothing & relaxing. Wearing the stone is believed to provide one with stability, strength, inspiration, and a true sense of peace, along with increased spiritual powers. In addition, the stone is believed to enhance the immune system, as well as purify blood. It's also beneficial for the stomach and liver.

Unikite:

Stone of Higher Spiritual Forces – the stone is known to balance the body's emotions and the adjustment of high spiritual powers. It's believed to help find the real cause for dis-ease and other health challenges. Unakite is also known to help balance and strengthen the heart area.

Ruby Jade:

Jade is known as the dream stone, and is said to enable the understanding of dreams. Jade is believed to beam love, courage, chastity, and wisdom. At the same time, it's said to reduce negativity, and increase the ability to express oneself. It's known to balance emotion, provide comforting energy, endurance, and peace. In addition, Jade is believed to help the body heal itself, increase flexibility, and strengthen the heart, eyes, kidneys, and immune system. The stone is also associated in aiding with mental challenges, purifying blood, thus encouraging a long life and happy life.

Quartz Crystal:

The stone is believed to increase spiritual wisdom and insight, and promote clarity of thought. It's also believed to increase one's intuition and amplify prayers. In addition, Quartz Crystal is known to be good for treating headaches, dizziness and general pain relief, as well as healing emotional wounds.

Citrine:

Happy Sunshine Stone of light & life. This stone emits warm energy that promotes joy and optimism. Also known as the Success, Abundance and Merchants Stone specifically in business and commerce.

Citrine enhances the whole body's healing energy, opening conscious mind to intuition and directing creative energy into the open mind.

The stone is believed to stimulate the brain and strengthen intellect, while promoting new ideas and creativity. It's also known as a stone of abundance and prosperity.

Lapis Lazuli:

The Stone before time and total awareness. Powerful thought amplifier, stimulating the high faculties of the mind, bringing objectivity and encouraging creativity through attunement to source.

Garnet:

Garnet promotes vigor and vitality, and is a sexual stimulant, also known to calm anger and increase willpower. Many believe it aids in stimulating circulation, especially in the lungs, skin, and intestines. It's also known to be good for improved finances.

Carnelian (Agate):

Carnelian is known to protect wearers from all kinds of negativity. It's also known to help focus the mind, and aid in decision making. The stone is believed to have a cooling effect on the body. It's also believed to increase stamina and self-confidence.

Pearls:

Pearls symbolize purity, and stimulate the mind in clarity and wisdom. They are believed to enhance personal integrity and help focus one's attention. It has been said that it increases fertility and eases childbirth, at the same time as increasing physical vitality.

Prehnite:

This green stone is known to increase energy and provide protection. Many associate the stone with its qualities of inducing deep meditation, as it's said to enhance visualization and inner knowledge. It can also help to bring you into harmony with nature and the elemental forces. Many believe it helps in terms of understanding life challenges and situations. In addition, prehnite is linked to being beneficial for the kidneys, bladder and the heart.

Cat's Eye Obsidian:

Protection, result giving stone, bestowing wealth by secret means. Signify spirituality, wealth, happiness and prosperity.

Sardonyx:

Sardonyx is believed to have healing properties that are said to boost your happiness, optimism and confidence. The metaphysical properties of Sard and Sardonyx encourage motivation, willpower and strength of character. The stone is also used as a heart, kidney, nerve, capillary, hair, eye and nail strengthener.

The ZEN STAR Mala Collection™

Based on VEDIC NUMEROLOGY / ASTROLOGY

The Sanskrit word for planet is “Graha” which means “to seize”, these astral bodies exert control over the quality and quantity of our thoughts to coerce us to think in a particular way about something that just started brewing in our heads, as the greatest physical manifestations always start off with just a humble idea in our mind. From where do these thoughts come? Why do some people have greater ideas than others? The grahas influence our thought processes, making us take certain decisions, thereby steering our life in the direction desired by them which gives us results which they desire us to have, they are something of executors of our Karmic fate or destiny (i.e. fruits, sweet or sour of past life good/bad karmas, the karmas in this life can mostly only be reaped in the next or towards the end of one’s current life).

To take into account the “X factor”, which is the unknown, the Vedic seers used the North and South node of the moon to add to the seven visible planets. When the ecliptic paths of the Sun and the Moon cross each other producing the scientific phenomenon better known as lunar or solar eclipses, these energies are awakened.

Rahu and Ketu are also considered the timekeepers of the universal clock and connected with birth and death. They swallow large “planets” like the Sun and the Moon only to squirt them out, renewed and re-aligned with new awakenings and learning. Eclipses are times when the energy portals open and transmission of new or old energies takes place.

The north node, Rahu is a mysterious, materialistic, Machiavellian demon, whose head has been cut-off and Ketu is the south node, which is represented by the headless body of a demon, directionless, spiritual and non-materialistic in nature. Rahu and Ketu are complete opposites of each other in nature and geography being 180 degrees apart from each other. 8

The Nine Planets / Grahas Behavioral Qualities

1 Sun / Syurya:

Sunday. King, Masculine, Royal, Individualistic, Ego, Intelligence, Truthful, Structure, Original, Strong, Image-conscious, Attention-seeking, power hungry, political mind, Stable, proud, original, authoritative, the supporter of arts and tradition

2 Moon / Chandra:

Monday. Queen, Royal, Feminine aspect, Attractive, Caring, Sensitive, Delicate, Ever-changing, Creativity and Arts, Traditionally has a Supportive function, Loves being at home, Diplomatic, Waxing and Waning hence moody, Clever, think on their feet

3 Jupiter / Guru:

Thursday. Teacher, Talkative, Creative, Prime-minister, Giver, Deep knowledge on particular subjects rather than knowing little on many subjects, weakness for sex, happy, independent, positive, religious/spiritual, creative, critical, masculine, friendly, counseling

4 Rahu:

Unpredictable, rebellious, disrespectful, materialistic, practical, antagonistic, accident-prone, disciplined, devoted, out-of-the-box, unconventional, neutral gender, non-conformist, secretive and impulsive

5 Mercury / Budha:

Wednesday. Youthful, prince/princesses, communicative, good at business, neutral gender, problem to maintain relationships, bored easily, nervous, not easy to concentrate, easily distracted, can come across as superficial, wavering health, intelligent, entertaining, playful, sensitive and intelligent

6 Venus / Shukra:

Friday. Slow, female, luxury, beauty, lacks discipline, sometimes health challenges, love the good things in life, not so easy to say "no" to people, challenges in relationships, pleasing, romantic, sweet spoken, romantic and sensual

7 Ketu:

Spiritual, mystical, dreamlike, intuitive, inventive, directionless (no head only body), philosophical, artistic, creative, writers, doubting nature, detached, occult, suspicious nature, neutral gender, intuitive, inventive, obsessive, always asking the question, "why"

8 Saturn / Shani:

King-Maker, Servant, likes to do monotonous jobs, represents the masses, justice-seeking, unfortunate in materialistic sense, yet when focused one can be successful, occult, mystic, slow, good judge of other people, depressive outlook, dark, neutral gender, wise

9 Mars / Mangal:

Action, warrior, idealistic, direct in their talk, direct, energetic, like sports, commander-in-chief, auspicious, rather than talking about it they live their spirituality, masculine, strong, love to say "no" thus have doubt, perfectionist and rustic

HOW TO SELECT YOUR PERSONALIZED MALA FROM THE ZEN STAR MALA COLLECTION™

Calculate to One Number

Psychic Number

up to the age of 35 years

Destiny / Fate Number

after the age of 35 years

Name Number

You can select from 1 of these numbers or whatever mala you are drawn to.

Psychic Number:

Psychic number is the day of the month in which you are born. If you are born on the 29th day of a month, you will have a psychic number of 2.

i.e. $2 + 9 = 11 = 1 + 1 = 2$ Moon

The psychic number reveals the way you look at yourself. The psychic number plays an important role in your choice of food, sex, friendship, marriage, as well as your needs, ambitions, and desires. The planetary influence affecting your psyche can be easily understood by knowing your psychic number.

Destiny / Fate Number:

Destiny Number is the single whole number obtained from the addition of the date, month, and year of birth. The single digit number is our destiny number.

i.e. January 9, 1959 $1+9+1+9+5+9=7$ Ketu

The destiny number is more important than either the psychic number or name number. One always thinks in the same way, yet destiny does not always work the way one wants. Because destiny is more powerful after age 35, one has to start compromising what one wants to have and to achieve. The psyche is free to think, expect, and desire, but destiny only brings what one deserves.

Name Number:

Name number is the sum total of the numbers of your popular name, each of which is connected to an alphabet except for number 9, which is a complete number in itself.

1: A I J Q Y

2: B C K R

3: G L S

4: D M T

5: N E

6: U V W X

7: O Z

8: F H P

i.e. VALMA $6+1+3+4+1=15, 1+5=6$ Venus

The selection of the name could be the entire name with the family name as exists on the official documents such as passport, driving license or then a popular name that one is known by such as a pen name, screen name etc. The name number is entirely connected with the outside material world and often lives on even after the person has left this world.

1 SUN - SURYA

1A Sun : Rosewood Ruby
Jade Lotus Guru - 13



\$37 USD

1B Sun : Rudraksha Ruby
Jade Lotus Guru - 22



\$37 USD

1C Sun : Rosewood Ruby Jade
Tumble Guru - 4



\$40 USD

1D Sun : Ruby Jade Sandalwood
Lotus Guru - 29



\$43 USD

Behavioral Qualities These Malas Enhance

Creativity, Physically Strong, Inventive, Firm, Ambitious, Rise In Profession, Fame, Leadership, Confident, Energetic, Boldness & Determination

1 SUN - SURYA

1E Sun : Ruby Jade Rudraksha Tumble Guru - 28



\$43 USD

1F Sun : Sard Omyx Rudraksha Tumble Guru - 43



\$43 USD

1 Sun : Ruby Jade + Carnelian - Brace 48



\$20 USD

Behavioral Qualities These Malas Enhance

Creativity, Physically Strong, Inventive, Firm, Ambitious, Rise In Profession, Fame, Leadership, Confident, Energetic, Boldness & Determination

2 MOON - CHANDRA

2A Moon : Sandalwood
Moonstone Lotus Guru - 17



\$39 USD

2B Moon : Rudraksha Moonstone
Lotus Guru - 24



\$39 USD

2C Moon : Sandalwood
Moonstone Tumble Guru - 3



\$46 USD

2D Moon : Moonstone Pearl
Tumble Guru - 38



\$106 USD

Behavioral Qualities These Malas Enhance

Helpful and friendly, True, Imaginative, Straightforward, Artistic, Romantic, Gentle, Gracious,
Mental Peace & Attractive

2 MOON - CHANDRA

2E Moon : Moonstone Sandalwood
Lotus Guru - 39



\$99 USD

2F Moon : Moonstone Rudraksha
Lotus Guru - 30



\$99 USD

2 Moon : Moonstone Sandalwood + Firing
Labradorite - Brace 49



\$29 USD

Behavioral Qualities These Malas Enhance

Helpful and friendly, True, Imaginative, Straightforward, Artistic, Romantic, Gentle, Gracious,
Mental Peace & Attractive

3 JUPITER - GURU

3A Jupiter: Sandalwood
Citrine Lotus Guru - 11



\$37 USD

3B Jupiter: Tulsi Citrine
Lotus Guru - 18



\$39 USD

3C Jupiter: Tulsi Citrine
Tumble Guru - 6



\$48 USD

3D Jupiter: Citrine Rudraksha
Lotus Guru - 33



\$66 USD

Behavioral Qualities These Malas Enhance

Ambitious, Independent, Philosophic, Conscientious, Joyous, Creative, Enthusiastic, Spiritual,
Versatile, Wisdom & Optimistic

3 JUPITER - GURU

*3E Jupiter : Citrine Tulsí
Lotus Guru - 32*



\$66 USD

*3F Jupiter : Citrine Tulsí
Tumble Guru - 35*



\$68 USD

*3 Jupiter : Citrine Tulsí + Red
Quartz - Brace 53*



\$22 USD

Behavioral Qualities These Malas Enhance

Ambitious, Independent, Philosophic, Conscientious, Joyous, Creative, Enthusiastic, Spiritual,
Versatile, Wisdom & Optimistic

4 RAHU

4A Rahu : Sandalwood Garnet
Lotus Guru - 19



\$35 USD

4B Rahu : Sandalwood
Garnet Tumble - 2



\$40 USD

4C Rahu : Garnet Sandalwood
Tumble Guru - 40



\$60 USD

Behavioral Qualities These Malas Enhance

Determined, Strong, Energetic, Dependable, Pragmatic, Systematic, Efficient,
Loyal & Scientific

4 RAHU

*4D Rahu : Garnet Rudraksha
Lotus Guru - 41*



\$60 USD

*4 Rahu : Garnet Sandalwood +
Carnelian - Brace 55*



\$23 USD

Behavioral Qualities These Malas Enhance

**Determined, Strong, Energetic, Dependable, Pragmatic, Systematic, Efficient,
Loyal & Scientific**

5 MERCURY - BUDHA

*5A Mercury : Sandalwood
Unikite Lotus Guru - 23*



\$35 USD

*5B Mercury : Rudraksha
Unikite Lotus Guru - 25*



\$35 USD

*5C Mercury : Sandalwood Prehnite
Tumble Guru - 5*



\$45 USD

Behavioral Qualities These Malas Enhance

Friendly, Strong and energetic, Pragmatic, Retentive memory, Functional, Playful, Decisive,
Resourceful, Versatile, Fluent expression both in speech & writing

5 MERCURY - BUDHA

*5D Mercury: Unikite Rudraksha
Lotus Guru - 37*



\$43 USD

*5E Mercury: Unikite Sandalwood
Tumble Guru - 36*



\$43 USD

5 Mercury: Unikite + Ruby Jade - Brace 51



\$17 USD

Behavioral Qualities These Malas Enhance

Friendly, Strong and energetic, Pragmatic, Retentive memory, Functional, Playful, Decisive, Resourceful, Versatile, Fluent expression both in speech & writing

6 VENUS - SHUKRA

6A Venus : Sandalwood Clear
Quartz Lotus Guru - 20



\$35 USD

6B Venus : Sandalwood Quartz Copper
Space Lotus Guru - 26



\$33 USD

6C Venus : Sandalwood Clear Quartz
Tumble Guru - 1



\$40 USD

Behavioral Qualities These Malas Enhance

Family bliss, Co-operative, Generous, Artistic, Charming, Loveable, Serene, Intelligent, Kind,
Lover of fine arts, Loyal & Harmonious

6 VENUS - SHUKRA

6D Venus : Clear Quartz +
Rosequartz Tumble Guru - 34



\$49 USD

6E Venus : Clear Quartz +
Rosequartz Lotus Guru - 47



\$49 USD

6 Venus : Clear Quartz Sandalwood +
Rosequartz - Brace 52



\$21 USD

Behavioral Qualities These Malas Enhance

Family bliss, Co-operative, Generous, Artistic, Charming, Loveable, Serene, Intelligent, Kind,
Lover of fine arts, Loyal & Harmonious

7 KETU

7A Ketu : Rudraksha Catseye
Obsidian Lotus Guru - 12



\$35 USD

7B Ketu : Sandalwood Catseye
Obsidian Lotus Guru - 10



\$35 USD

7C Ketu : Rudraksha Catseye
Obsidian Guru - 8



\$40 USD

Behavioral Qualities These Malas Enhance

Individualistic, Creative, Dignified, Serene, Tolerant, Analytical, Wise and intelligent, Intuitive, Magnetic, Artistic & Versatile

7 KETU

*7D Ketu : Catseye Obsidian
Rudraksha Lotus Guru - 46*



\$43 USD

*7E Ketu : Catseye Obsidian
Guru - 31*



\$43 USD

*7 Ketu : Catseye Obsidian Rudraksha + Black
Tourmaline - Brace 56*



\$20 USD

Behavioral Qualities These Malas Enhance

*Individualistic, Creative, Dignified, Serene, Tolerant, Analytical, Wise and intelligent, Intuitive,
Magnetic, Artistic & Versatile*

8 SATURN - SHANI

8A Saturn : Sandalwood Amethyst
Lotus Guru - 16



\$35 USD

8B Saturn : Rudraksha Amethyst
Lotus Guru-21



\$37 USD

8C Saturn : Sandalwood Amethyst
Tumble Guru-9



\$47 USD

Behavioral Qualities These Malas Enhance

Patience, Prudence, Religious, Intense, Compassionate, Trustworthy, Pragmatic, Ambitious,
Steady, Organized, Efficient & Tenacious

8 SATURN - SHANI

8D Saturn : Amethyst Rudraksha
Amethyst Lotus Guru - 44



\$67 USD

8E Saturn : Amethyst Sandalwood
Amethyst Tumble Guru - 27



\$67 USD

8 Saturn : Amethyst Lapis Lazuli +
Sandalwood Brace - 54



\$22 USD

Behavioral Qualities These Malas Enhance

Patience, Prudence, Religious, Intense, Compassionate, Trustworthy, Pragmatic, Ambitious,
Steady, Organized, Efficient & Tenacious

9 MARS - MANGAL

*9A Mars : Sandalwood Carnelain
Lotus Guru - 15*



\$34 USD

*9B Mars : Rudraksha Carnelain
Lotus Guru - 14*



\$35 USD

*9C Mars : Sandalwood Carnelain
Tumble Guru - 7*



\$41 USD

Behavioral Qualities These Malas Enhance

Practical nature, Functional, Bold, Broadminded, Compassionate, Strong willpower, Determined, Enthusiastic, Generous, Spiritual, Artistic & Energetic

9 MARS - MANGAL

*9D Mars : Carnelain Rudraksha
Lotus Guru - 45*



\$40 USD

*9E Mars : Moonstone Carnelain
Tumble Guru - 42*



\$45 USD

*9 Mars : Carnelain Moonstone +
Sandalwood Brace - 50*



\$17 USD

Behavioral Qualities These Malas Enhance

Practical nature, Functional, Bold, Broadminded, Compassionate, Strong willpower, Determined, Enthusiastic, Generous, Spiritual, Artistic & Energetic

Made in India

THE ZEN STAR MALA COLLECTION™ SOULFUL JEWELRY

YOUR NEW MALA IS FAIRLY TRADED AND ETHICALLY
PRODUCED IN NORTHERN INDIA.



ALL MALAS ARE DESIGNED BY VALMA SHAKTI AND
LOVINGLY PREPARED BY WOMEN THAT LIVE ALONG
THE GANGES RIVER IN HARIDWAR, A CITY IN THE
NORTHERN STATE OF UTTARAKHAND

